

Meaningful analytics worksheet

@imrafarafarafa

rafael@rafarafarafa.com

How do you know if you're improving your product?

- Measuring **meaningful behaviours** will tell you if your customers are truly engaging with your product
- Working with their **driving reasons** to evaluate fit and quality of experience
- Identifying what **values** your customers have will help you to narrow what experiences are worth building



How to use this worksheet

- Use it as a generative tool: set up as a workshop with your team and brainstorm how to start and how to address it
- Use it as an analytical tool: get a hold on your customers and product/service and use this as lenses to orchestrate your experiences

**Meaningful
Behaviours**



driving reasons



Values



Measuring meaningful behaviours

- What behaviours indicate **friction** or **intent** in succeeding in the behaviour change?
- Forget the product, what **outcomes** and **actions in the real world** are connected?
- Look at **alternatives**: what other products or services where your customers looking at?

Show friction

Show intent

Working with driving reasons

- What **driving reasons** are behind the meaningful actions?
- What were these behaviours hoping to **achieve, address or respond** to?
- Look at **where it happens** to understand the context and the situation better.

Awareness	beliefs
social norms	possibilities
fears	opinion
risk	barrier
previous experience	expectations
triggers	attention
frustrations	notions of satisfaction
expectations	plans

Identifying values

- What values and **desires** are behind these reasons?
- Don't think about how you want to be, understand **where your customers begin** their journey.
- A good proxy is understand what expectations and **what tomorrow would be** with your product when they just started.

Acceptance: desire for approval	Physical Activity: desire to exercise muscles
Curiosity: desire for knowledge	Romance: desire for sex/love
Eating: desire to eat	Saving: desire to collect
Family: desire to raise and care for children	Social Contact: desire for peer companionship
Honor: desire to obey a traditional moral code	Status: desire for social standing
Idealism: desire to improve society	Tranquility: desire to avoid anxiety
Independence: desire to be autonomous	Vengeance: desire to exact revenge
Order: desire to organize	Power: desire to influence

Start with behaviours

Measuring meaningful behaviours

Take 5 minutes to come up with as many as you can to the following:

- What is your key behaviours in the app?
Think of what to do, where to do, how to do it
- What shows intent or friction to the key behaviour?

Meaningful Behaviours

Loosing weight

Eating healthier

Sticking to a plan

driving reasons

Remembering weigh in

Being aware of how you are doing

Being aware of the progress

Values

Independence:
desire to be autonomous

Curiosity:
desire for knowledge

Tranquility:
Desire to avoid anxiety

Find out driving reasons

Take 15 minutes to come up with as many as you can to the following:

- What conditions can be the reasons that drive those behaviours?
- How do these reasons apply to you?
Rewrite them to your context

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Identify values

Take 15 minutes to come up with as many as you can to the following:

- Values are the ones that, deep down are connected to these reasons?
- How do these values apply to people using your product/service?
Pick the ones that are connected

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Fine-tune the map

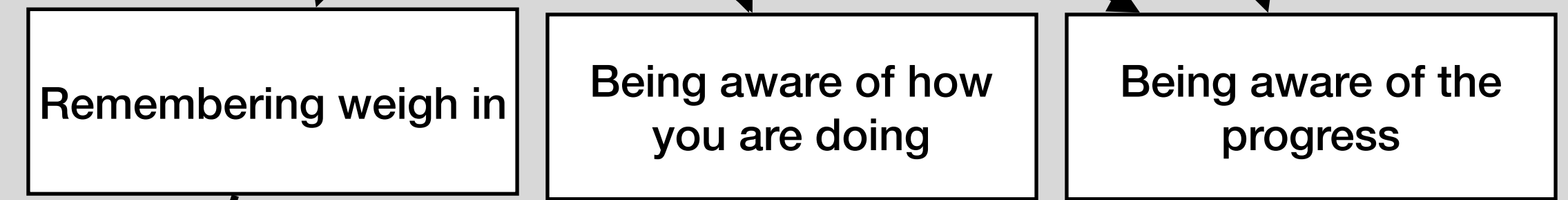
Take 15 minutes to re-arrange, connect and reframe them.

Find holes, blind spots

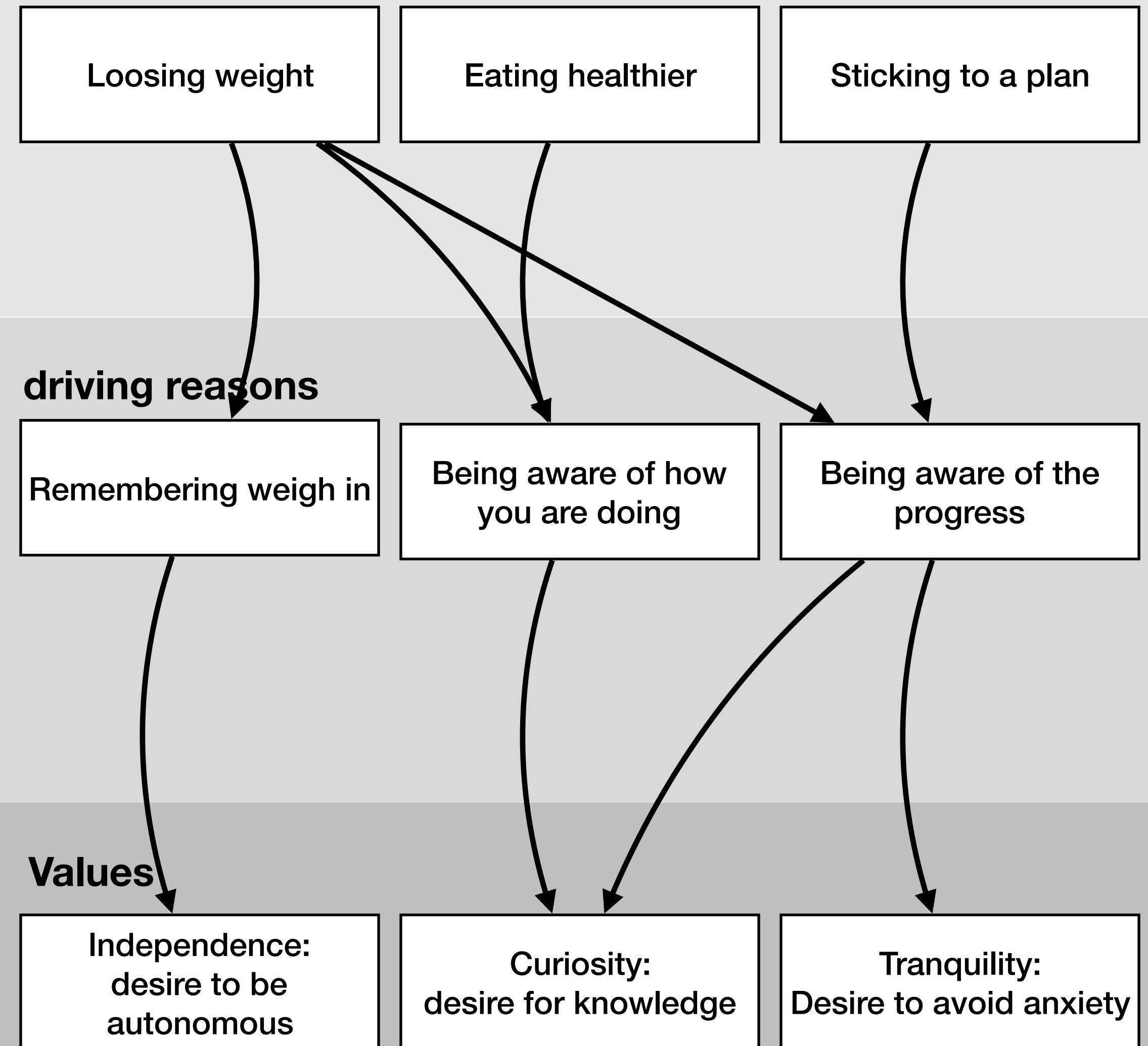
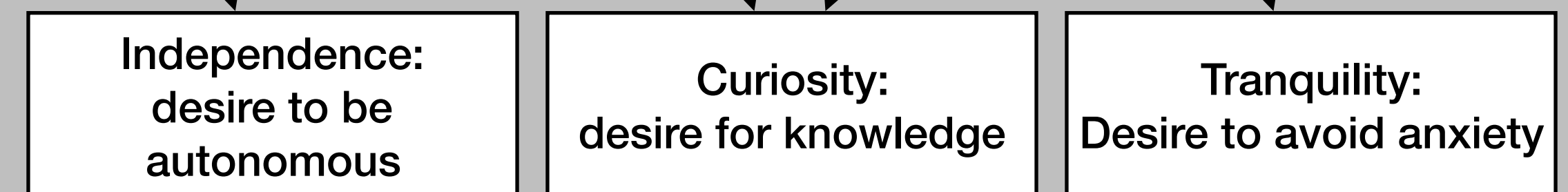
Meaningful Behaviours



driving reasons



Values



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Show intent

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