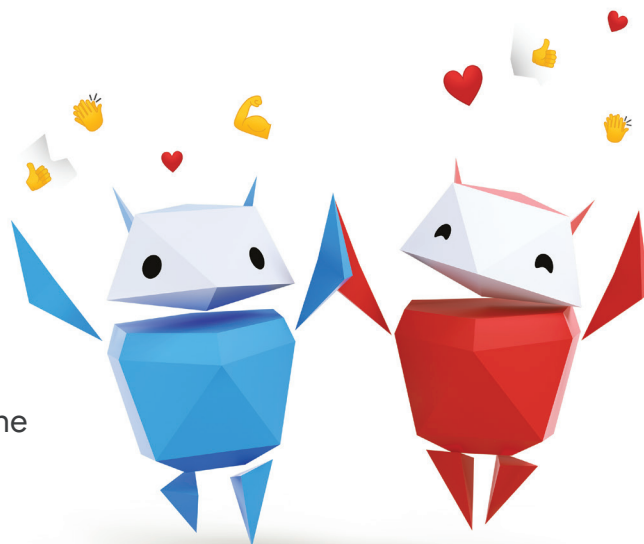# It's Cool to Be kind

Treat others how you would like to be treated both online and in real life. Use kindness and positivity against bad behavior online.

Take action! Play the It's Cool to Be Kind bingo to learn more ways to spread kindness online and in real life.

Tell a friend something nice	See a bad comment? Respond with a kind one	Tell someone in your home something nice	See someone saying mean things online? Report the user	Shower your best friend with kind emojis
Someone having a bad day? Make them smile	Reach out and check in on a friend or cousin	Thank someone today	Do 3 acts of kindness this week	Say something positive to someone
Encourage others to be kind	Say sorry for anything mean you may have said		Treat others the way you'd like to be treated	Tell an adult if you see anything mean online
Respect other's differences	Stand up for a friend	Say something nice about your friend's post	Feel free to block anyone that is mean to you	Have questions? Talk to an adult first
Encourage others to be positive and kind	Use the power of the internet to spread positivity	Don't spread messages or rumors	Think before you post	Pay someone a compliment today

INTERLAND For more fun, put your kindness skills to the test with Interland's Kind Kingdom at **g.co/KindKingdom**

g.co/BeInternetAwesome