

Building cyber resiliency

Key strategies for proactive security operations



Introduction

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The expanding threat landscape demands a new approach

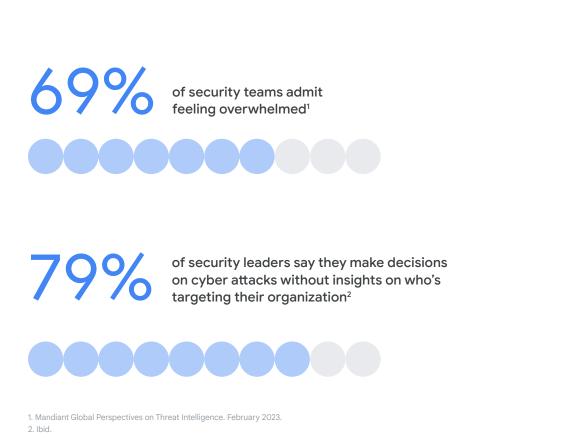
The last few years have seen a growing cybersecurity reckoning that's moving from the CISO's office into the rest of the C-suite. Organizations are advancing their digital transformation initiatives into a new phase of digital expansion. Business leaders continue to embrace cloud computing, open-source software, IoT devices, DevOps tools, and SaaS technologies in the pursuit of agility, speed, innovation and growth, but the promise of that digital transformation and expansion is being threatened by the increasingly disruptive cyber risk and threat landscape that every organization now faces head-on. Not only is the attack surface growing broader and more complicated; adversaries are becoming more sophisticated as the business of organized cybercrime matures and nation-states pivot from cyber espionage to compromise of private industry for financial gain.CISOs are being asked to solve this complex challenge while striking a near-impossible balance: Mitigate risk and build cyber resiliency without slowing down business today or impeding digital expansion tomorrow.

Although it is the CISO's responsibility to support informed decision-making, security teams are often burdened with managing an excessive number of intelligence feeds, which are not all created equal. To make effective decisions, the security team must understand which adversaries are targeting their organization or peers and how these actors plan to execute their attacks. It has never been feasible to fix every known vulnerability, and with the attack surface rapidly expanding, this goal is even more unattainable. Security teams need to effectively prioritize exposures that need to be remediated today—and what can wait.

An outside-in perspective on proactive exposure management

An evolved approach to scoping, identifying, prioritizing and remediating cybersecurity risk is necessary to address these complex challenges. This approach involves taking an outside-in perspective, using frontline intelligence and proactive attack surface assessments to understand exposures in the realm of digital expansion. Additionally, prioritization must not only consider the business value of assets, but also incorporate threat intelligence to reveal who is targeting your organization, what they are targeting, and how they are targeting it.

This guide will dive into the key limitations of the current cybersecurity paradigm, outline the core capabilities that define and enable a new approach, and illustrate how these capabilities come together to power a continuous and proactive exposure management.



Seeing the broader attack surface: Understanding all the unknowns

In the past decade, security teams have shifted their focus from detect and respond to a more proactive, risk-based approach for cyber defense. The aim of this shift is to transform cyber defense into a strategic readiness operation that mitigates unknowns before they become adversarial advantages, rather than simply reacting to them.

However, with the increasing digital expansion of enterprise attack surfaces, traditional tools and processes for vulnerability management have overwhelmed security teams, resulting in lack of fidelity in alerts and significant blind spots.

In addition, these vulnerabilities extend beyond patchable technical issues.

Security teams need visibility to digital expansion

- 244

unique vendor relationships³

<mark>△ 25.8</mark>%

of initial attacker access came through the exploitation of public facing applications⁴

2 in 3

security leaders say their organization needs to improve understanding of the threat landscape⁵

3. The Defender's Advantage Cyber Snapshot Issue 2.

4. Mandiant M-Trends 2022

5. Mandiant Global Perspectives on Threat Intelligence. February 2023.

Where attack surface unknowns are adversary advantages

To stay ahead of adversaries, it is essential to have a comprehensive understanding of the attackers themselves and their methods throughout the targeted attack lifecycle. Furthermore, it is important to have a deep understanding of your specific environment to determine the necessary preventive measures required throughout all stages of the attack lifecycle, starting from the initial reconnaissance (initial recon) phase.

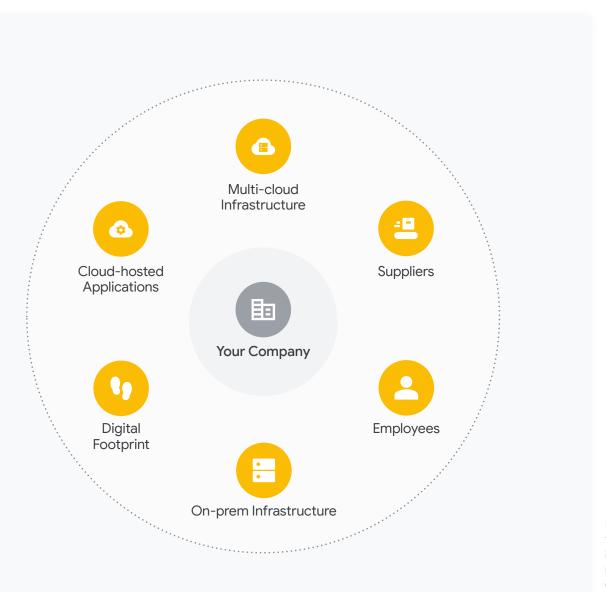


FIGURE 1. The attack surface includes every potentially exploitable entry point that can be used by an adversary.

Solving vulnerability fatigue

No one disputes the need for broader and better visibility into the dark corners of the growing attack surface. But the current paradigm of vulnerability management is already overwhelming security teams with alert and vulnerability fatigue. They're managing multiple, disparate alert feeds, and the outputs are growing less and less actionable. For example, not only is NIST reporting more CVEs than ever but two-thirds are now rated high severity or greater.

Security professionals understand all too well that when every vulnerability or exposure is considered urgent, it becomes difficult to prioritize which ones require immediate attention. Exposure management has become a complicated task, and limited resources often prevent security teams from fixing all identified security issues. This lack of prioritization can create challenges in justifying existing resources, and it becomes even harder to advocate for additional resources or investments. Business leaders require an understanding of strategic, businessoriented priorities instead of being presented with the notion that everything is a crisis.

More mature security organizations have begun to address this prioritization challenge by layering on asset and security posture exposure assessments. They're taking a business-centric view on exposures, starting by identifying the most business-critical and valuable assets, where they live in the environment, who owns them, and then assessing where those assets might be exposed through known (or potentially unknown) entry points.

Yet even this business-centric approach leaves security leaders with a list of priorities that's just too long to tackle. Moreover, CISOs still struggle to get the cross-functional buy-in they need for more complex remediation, because from the perspective of business unit leaders, the risk of attack is theoretical—while the business value of accelerating forward is very tangible.

of security leaders worry they're missing threats and incidents because of alert and vulnerability fatigue⁶

84%

More sophisticated attack patterns: A silver lining?

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The expanding attack surface poses a significant challenge, compounded by the increasing sophistication of adversaries. Cybercrime is a thriving industry, following the standard maturity curve of increased funding, consolidation, and highly resourced strategies. This includes nation-state actors engaging in cyberattacks for geopolitical and financial gains.

The most dangerous adversaries no longer rely on a "spray and pray" approach, which attempts to exploit any and every vulnerability. Instead, attackers employ more sophisticated tactics, using complex attack patterns and demonstrating patience to gradually gain initial access before silently moving laterally and expanding their exploits to maintain persistence, and gain deeper access to valuable assets.

Fortunately, these more advanced attack patterns often leave a trail, and a new generation of tools and technologies allows security teams to track digital activities, ranging from discussions and planning on the dark web to initial recon activities targeting an organization's ecosystem.

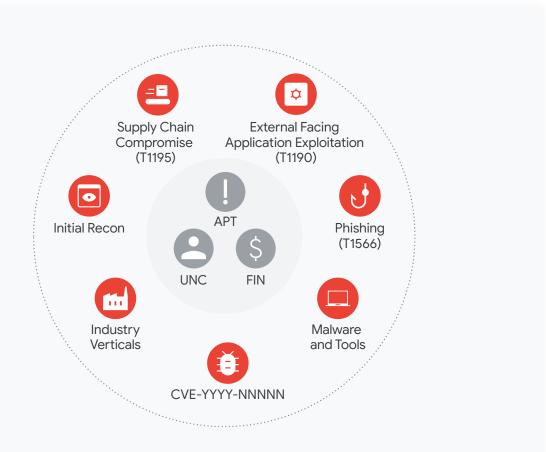


FIGURE 2.

Adversary groups have the operational means to performinitial recon and the tools to exploit exposures.

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Knowing what adversaries know

Operationalizing frontline threat intelligence enables security leaders to create an entirely new level of proactive exposure management. Security analysts can identify exposures much earlier in the attack lifecycle—and can leverage threat intelligence to power more effective and evidence-based prioritization. Combined with an effective mapping of your organization's attack surface, security teams can identify exploitable vulnerabilities from an attacker's perspective and harden their infrastructure where it matters most, improving their overall cyber resiliency.

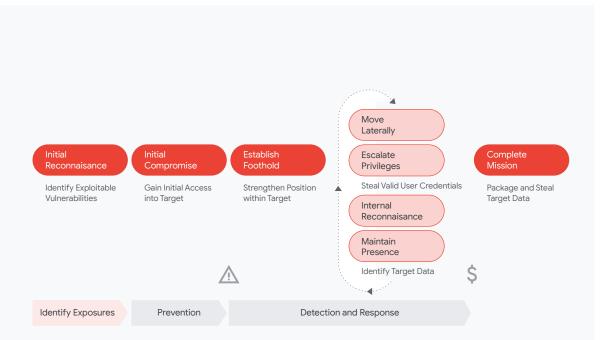


FIGURE 3. Security teams can meet adversaries at the initial reconnaissance phase by proactively identifying the exploitable exposures and adversary targeting.

Building stronger resiliency with proactive exposure management

Gartner[®] recently introduced Continuous Threat Exposure Management (CTEM), which is defined as, "a set of processes and capabilities that allow enterprises to continually and consistently evaluate the accessibility, exposure and exploitability of an enterprise's digital and physical assets."⁷ Through both proactive and continuous improvement, exposure management enables organizations to assess all their known and unknown (or unmanaged) assets, digital risks, and overall security posture. With this approach, security teams can reduce their exposures before they can become an adversary advantage.

Exposure management is operationalized as a strategic workflow with four essential stages:

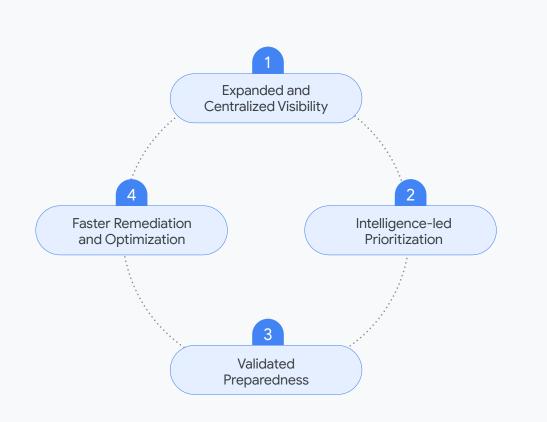


FIGURE 4.

The continuous process of assessing enterprise assets, digital risks and security posture to continuously evaluate the prioritization and risk mitigation strategy.

7. Gartner, Implement a Continuous Threat Exposure Management (CTEM) Program. Jeremy D'Hoinne, Pete Shoard, Mitchell Schneider, July 2022. GARTNER is a registered trademark and service mark of Gartner, Inc. and/or its affiliates in the U.S. and internationally and is used herein with permission. All rights reserved.

Expanded and centralized visibility



In the initial phase of exposure management, security teams focus on defining the program's scope. By using tools including attack surface management, network scanning, and digital risk protection services, security teams can map their full exposed attack surface. They then collaborate with business unit leaders to identify critical assets and understand their business value and location in the ecosystem. To identify potential adversaries and their motivations, the assessment incorporates adversary and vulnerability intelligence.

The modern attack surface is constantly evolving, with misconfigurations and security gaps emerging regularly. The identification of valuable and business-critical assets can change frequently, necessitating continuous collaboration with business units. Finally, continuous threat intelligence provides realtime insights into the probability of an attack, allowing security teams to prepare, adapt and respond quickly.

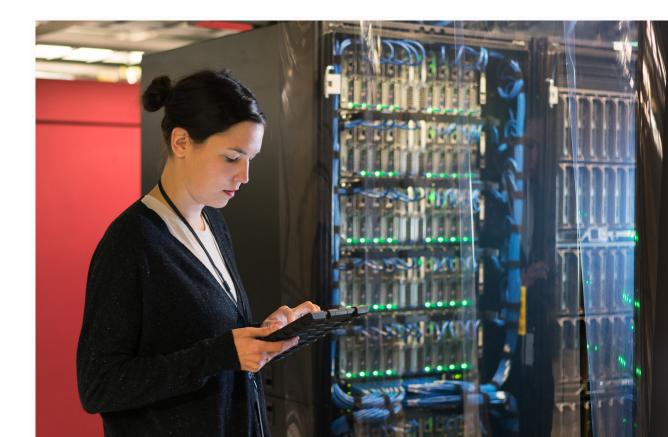
Intelligence-led prioritization

The next stage is intelligence-led prioritization. With a comprehensive understanding of the organization's attack surface and potential threat actors targeting the organization, security teams can begin to prioritize their remediation and risk mitigation efforts.

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To prioritize effectively, security teams need to develop a risk-based approach that considers the likelihood and potential impact of different types of attacks. This approach requires collaboration across business units to understand the value of critical assets and the potential financial, operational, and reputational consequences of a breach. Exposure management provides a framework for security teams to assess and prioritize risks systematically. By using threat intelligence and attack surface management, teams can identify the most critical areas of exposure and prioritize them accordingly. This approach allows security teams to make informed decisions about where to focus their resources, taking into account the potential impact of different types of attacks quickly.



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Validated preparedness

The third stage is validated preparedness. This goes beyond simply assessing if security controls are in place, but putting those controls to the test to understand how an attack would play out—which is often extremely underutilized within most security organizations. This is largely because it's a relatively resource-intensive process that can't be fully automated. The exposure management framework enables controls validation to be applied in a much more focused and strategic manner, testing the most business-critical vulnerabilities and the most probable attack paths.

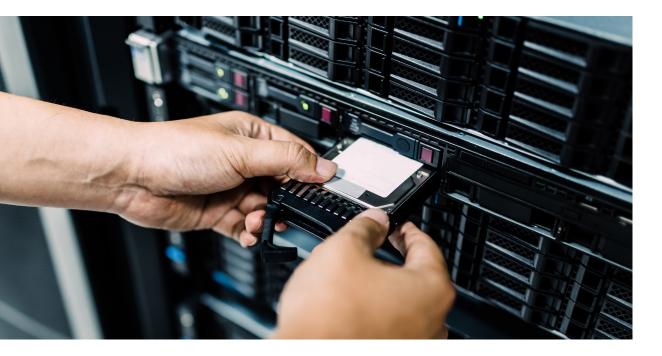
The exposure management framework also enhances the validation process itself, equipping security teams with threat intelligence to enable them to think like an adversary and use the TTPs of the threat actors currently targeting them to identify probable attack paths and exploitable entry points. Security teams can then test the effectiveness of security controls, complementing automated validation tools with more manual approaches like controlled, adversary emulations through penetration testing and red teaming.

Through these exercises, security teams can identify weaknesses in their response plans and refine their processes and procedures to better prepare for potential attacks. Additionally, they can identify gaps in their security controls and adjust their strategies accordingly.



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Faster remediation and optimization



The final step is faster remediation and continuous optimization. With validated controls in place, security teams can more proactively address exposures as they are discovered, reducing the time that attackers have to exploit them.

Because the exposure management framework engages business-unit leaders from the start, security leaders can foster shared understanding and responsibility for cyber risk and its potential business impacts. Moreover, the entire framework is rooted in an aligned understanding of an acceptable cyber risk threshold. This framework sets the foundation for cross-functional buy-in to the collaborative remediation strategies that are often needed to address risk—and ensures that each prioritized remediation is backed by an evidence-based business case that cements that business-unit buy-in.

For security leaders, exposure management provides established processes and quantifiable data to optimize investments and rationalize decisions. They can collaborate with asset and system owners to update, consolidate, or replace infrastructure over a reasonable time frame.

Key use cases for proactive exposure management

As enterprises increasingly rely on digital expansion to remain competitive and agile, CISOs must not only mitigate growing risks but must also become business enablers, working more proactively with other C-suite executives to find solutions that benefit the company's longevity and growth.

A proactive, risk-based approach to exposure management empowers security teams to support business growth while staying ahead of adversaries.

This approach applies to multiple use cases, helping security teams to more effectively:

Increase visibility into malicious orchestration, including advanced malware attacks, social engineering, unauthorized access, and other malicious activities.

Harden cloud environments by assessing the threat landscape and continuously testing the efficacy of cloud configurations, allowing for real-time monitoring of infrastructure changes, reducing the risk of exposed databases or other exploitable vulnerabilities, and providing a safety net for cloud adoption and digital expansion.

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Implement comprehensive risk management processes that operationalize how risks are scoped across disparate systems, teams and tools during mergers and acquisitions or across multiple subsidiaries, or to see if third-party suppliers have been compromised.

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Capture quantifiable data to prove the value and effectiveness of current security controls, identify gaps in coverage or redundancies, determine the effective allocation of resources based on business goals, and prioritize future investments.

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Prioritize remediation efforts based on asset criticality and adversary activity by using a defined cyber risk threshold. Aligning security to business priorities helps security leaders allocate resources effectively toward remediating the most important threats.

Collaborate with asset and system owners on remediation steps with contextualized insights for active or latent threats. Leverage and optimize existing workflows to address and inform security policies to alleviate risks over time. subsidiaries, or to see if third-party suppliers have been compromised.

Spotlighting business transformation

Mergers and Acquisitions (M&A)

M&A typically leads to the introduction (or creation) of new databases, configurations, networks, and development processes in the resulting entity. In addition, IT ecosystems in the acquired companies may not match the expectations of the acquiring company and can have multiple clouds, logins, and development environments, which can create vulnerabilities. Adversaries know that the messy integration process of M&A presents tremendous exploit opportunities. Security teams must proactively establish strict guidelines to evaluate, document and prioritize vulnerabilities and security gaps, and all security teams involved in M&A should align on the high-security standards set by the acquiring company.

Misconfigurations

and Exposures

Perception vs. reality of IT ecosystem acquired during M&A

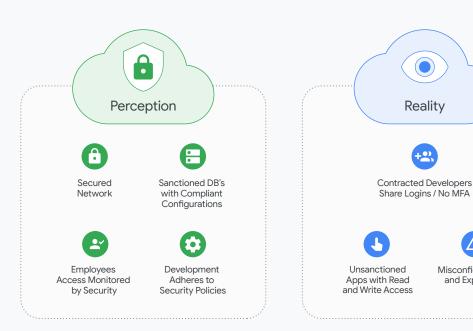


FIGURE 5. During M&A due diligence it's imp to perform an ou in assessment of

diligence it's important to perform an out-side in assessment of the acquisition target's security posture. In some cases, the expectations do not align with the reality of the environment.

Subsidiary monitoring (Disparate teams and tools)

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Centralized subsidiary monitoring

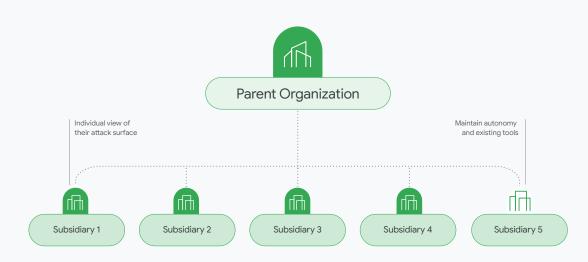


FIGURE 6.

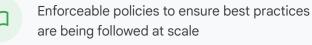
Parent organizations require a consolidated view of the security posture of the overall portfolio, while enabling each subsidiary the flexibility and autonomy of managing the respective attack surfaces.

Digital supply chain

Digital supply chain refers to the increasingly complex ecosystem of third-party vendors that connect to or access an organization's systems or data as part of their operational technology (OT) and IT stacks. Modern software usually relies on third-party dependencies (which in turn also have dependencies), so security measures must consider the entire chain of transitive dependencies.

Much as with the broader digital expansion of the attack surface, security teams need to proactively work to identify, prioritize and address the discrete risks within this third-party vendor ecosystem, including a vendor's SaaS and IoT devices that may be interconnected with the organization.

An effective third-party risk strategy must include: Q Detection of vulnerabilities in dependencies Image: Object to the strategy detect policy of running workloads to detect policy drift Image: Object to the strategy detect policy detect policy drift Image: Object to





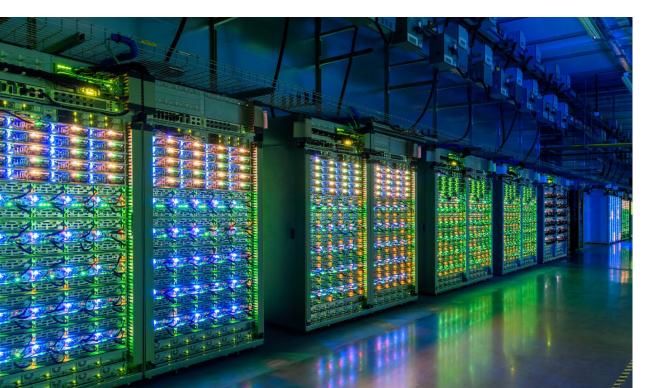
This process must be continuous, accounting for the constant evolution of each vendor's digital ecosystem and its related impacts and risks.

CISOs must embrace proactive exposure management

Around a decade ago, the security world recognized the unattainable goal of 100% threat blocking. Threat detection and response (TDR) emerged as the solution, but this reactive approach was always a problematic game of whack-a-mole: Would the security stack detect a breach quickly enoughand would the security team have the resources to respond in time? The rapidly expanding threat landscape increasingly makes those answers a resounding "no," rendering reactive approaches like TDR impractical. Even more proactive approaches like vulnerability management are proving problematic: Security teams can't keep up with the waves of new vulnerabilities. Moreover, the nature of today's most critical exposures mean security teams can't plug those gaps on their own; they need buy-in and collaboration from other stakeholders in the business. The fundamental challenge to a proactive approach is prioritization. To prioritize exposure management, security teams need to work toward accurate, reliable processes for answering simple-yetessential questions, like:

- What is the scope of our attack surface?
- What are the most significant threats to our organization?
- What are the top tactics, techniques, and procedures (TTPs) that our team must identify and react to?
- Where is the organization exposed and vulnerable?
- Can we detect, prevent, and respond to a deliberate attack from our adversaries?

Moreover, to effectively execute exposure management—and fully shift into the role of business enabler—CISOs must change how they assess and respond to risk. They need to focus on leveraging threat intelligence to get high-fidelity insights on the probability of attack and exploitation of known (and previously unknown) exposures, powering a much more evidence-based approach to exposure prioritization that moves from responding to theoretical risk to proactively thwarting known threats. And they must build more repeatable, operational processes for scoping, identifying, prioritizing, and responding to risk—using the framework of exposure management to progressively refine priorities, put controls to the test, and effectively mobilize the faster remediation needed to resolve the most challenging security gaps.



Mandiant Proactive Exposure Management

Prioritize the risks that actually impact your business

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As a leader in cyber defense and a trusted advisor to high-assurance organizations building and maturing their cyber security programs, Mandiant, now part of Google Cloud, provides a comprehensive solution of products and services to meet organizations of all sizes exactly where they are in their journey to improve risk mitigation efficacy. Recognizing the expanding threat landscape and the need for effective business enablement through threat-based exposure prioritization, Mandiant has developed a purpose-built solution: Mandiant Proactive Exposure Management helps enterprises reliably and continuously reduce the most critical and attackable exposures-before adversaries act on them.

The solution enables security teams to Know who's targeting you Mandiant Threat Intelligence, VirusTotal and Intelligence Services Know what's exposed on the internet 20 Mandiant Attack Surface Management Know if you're prepared Mandiant Security Valiation and **Technical Assuarance Services** Know if you're breached **Chronicle Security Operations** Evaluate critical asset risk exposure Cyber Risk Management Services

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The Mandiant Advantage

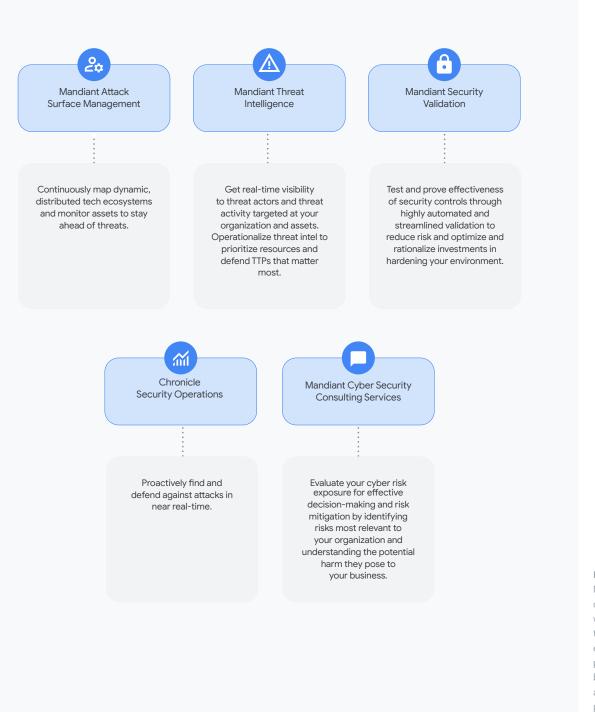


FIGURE 7. Mandiant helps customers identify who's targeting them, where they are exposed, if they're prepared and if they've been breached with a customized suite of products and services.

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