Your family's tech journey

Parenting in today's digital world has its challenges. We are here to help and guide your family as you begin to navigate technology together.

Tech 101: Start the tech talk.

1

Kids often adopt tech services and behaviors before their parents have even heard of them. It's important to engage with your kids to understand what they are using for fun, learning, or both in order to set the right plan for your family. Talk to them about the ways they like to use technology and the apps and games that spark their interest in order to learn more about what they're using.

Set digital ground rules with parental controls

2

Set digital ground rules with tools that help you manage your child's experience with technology. Family Link is a great tool to help you set boundaries for technology with your children. Many other resources, including offerings from across the web, exist to help parents manage their child's tech use. Take advantage of the services out there to guide your kids towards creating healthy digital habits.

Help your kids build healthy habits and stay safe online

3

Navigating the internet safely isn't always obvious, especially for kids. So, it is important that they know how to explore the online world with confidence. Programs like Be Internet Awesome teach kids about digital safety so they can learn to do just that. With themes like: Be Internet Smart, Strong, Alert, Kind, and Brave, the program is a great resource to help your kids stay safe online and build healthy digital habits. Your kids will learn how to communicate responsibly, be positive online, spot scams, build strong passwords, and find a balance between on and offline activities.

Discover the magic that technology can bring home

4

You'd be amazed at the fun you can have together with technology. Explore the world, learn to code, discover new artistic passions, find quality apps, and more.

Use technology to help with distance or classroom learning

5

Learn how to teach at home and to better understand the technology your kids use for learning. Explore tools, apps, and platforms that can help support your family with distance and classroom learning.

Google

Learn more at **families.google**