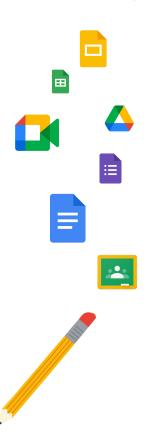
## SEL & Chrome

Teach with Chrome Series



### Speaker slide



Marjorie Rehlander
Ed.S, School
Psychologist, Innovator
Richland 2 School District



Donna Teuber
Google for Education Certified
Trainer, Innovator, and Coach
Kiker Learning



## Agenda



#### **Self-Awareness**

#### Digital Wellness

Student Check-in Form and Panorama Resources
- Raise Awareness About Tech Usage: Word on the Street

Pomodoro Timer - Identify Tech Free Zones

Wellemental - Mindfulness

### Resources

#### **Self-Management**

#### Al & External Reminders

- Wysa Al Mental Health Apps
- Google Keep Schedule Reminders or Keep a Journal
- Move It Extension Take a Digital Break

### **CASEL Framework**

- Self-Awareness
- Self-Management
- Responsible Decision-Making
- Relationship Skills
- Social Awareness

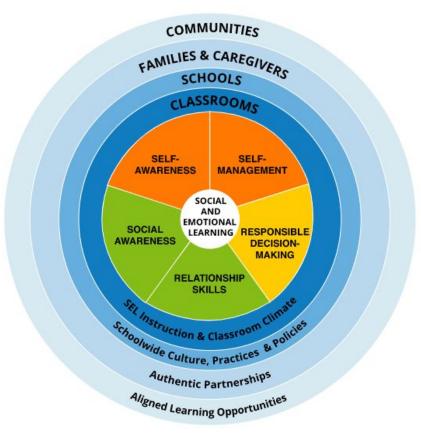


Image source: <a href="http://casel.org">http://casel.org</a>

# SEL in Action

Self-Awareness and Self-Management

Responsible Decision Making

Relationships

Social Awareness



Google for Education

## Resources

#### **Responsible Decision Making**

#### How much is too much?

Be Internet Awesome - Digital Literacy

Peardeck SEL Templates and SMART Goals - Daily Practice

Jamboard Templates - Decision Making Matrix

Commonsense Media - Parent Resources

#### Relationships

#### **Build Community**

- Google Classroom Collaborative Assignments
- Ms. Rehlander's Awesome Resources School Resources
- Google Sites Student Portfolios and Group Projects

#### **Social Awareness**

#### Making a Difference

- Google Slides for Service Learning Projects
- Design for Change Design Thinking Platform
- ACT for Youth SEL Resources for the Classroom

### Resources

#### **Even More**

#### **Additional Tools**

- Class Dojo Classroom Management
- Wisdom: The World of Emotions Emotions Game
- Chromebook App Hub Idea Sparks
- Google Earth Education and GeoGuessr Explore the World



# A&Q





# Thank you

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